Loop San Polo





Itinerary: Poggio alla Croce, Fonte ai Trogoli, Pian della Vite, Linari, San Polo, San Miniato di Rubbiana, C.Aiaia, Fabiano, Monte Muro, Poggio alla Croce

Length: 21Km

Height min: 232 m. max: 715 m.

Altitude gap: 1000 m. Difficulty: E Medium Travel time: 7 hours







You start from Poggio alla Croce taking the path 00 (CAI) in the direction of Badia Montescalari. When you arrive at Fonte ai Trogoli (692 m.) you go right along the path number 20 that initially passes by Monte Moggino, where, on the flat top, you can see the ruins of an ancient tower house, bombed by the British in 1944. The path continues along a beautiful ridge and you will enjoy beautiful views of Florence and the Apuan Alps. After passing through the ruins of Pian della Vite, the road begins to descend until you get to Linari (440 m.). The name "Linari" is most likely derived from the cultivation of flax ("lino"). Continuing along an easy dirt road about 2.5 km) you reach San Polo in Chianti.

Then keep walking in the direction of Val di Rubbiana among cypress and olive trees until you reach the ancient parish church of San Miniato a Rubbiana (1077 A.D), built on a pre-existing longobardic church. The journey continues on the path 00,between cypress and oaks, where you can admire Villa Fabbroni (building of XIX century) and Casa Fabiano, then you go up to Monte Muro. On the way back to Poggio alla Croce you pass through a charming and panoramic place with the little church of San Cerbone.